



NORWAY



IRELAND



SO
UNIQUE
SO
DIVERSE

FRANCE



SPAIN



PORTUGAL



ATLANTIC COAST ROUTE

So unique so diverse



www.atlantic-coast-route.com

Interreg
Atlantic Area
European Regional Development Fund



So unique So diverse

Europe's western border,
the Atlantic Coast Route.



Following Europe's western border, the Atlantic Coast Route visits the majestic fjords of Norway, the wild Irish coastline, the rough cliffs of Brittany and the sun-kissed beaches of Portugal, totalling 11,150 km. Along the way, you will not only be impressed by dramatic landscapes, but you will be seduced by bustling port cities and cosy fishing villages and enjoy the best seafood each country has to offer. EuroVelo 1 does not just stick to the coastline either – there are equally exciting sections through the Scottish Highlands, across the Breton Peninsula and along the ancient Via de La Plata route in Spain.

11,150 km

FROM NORWAY
TO PORTUGAL



NORWAY

The route starts in North Cape and ends in Bergen.



1 North Cape

2 Senja Island



3 Lofoten Island



4 Atlanterhavsveien



5 The west Norwegian Fjords (UNESCO)



Eurovelo 1 start at North Cape, the endpoint of Europe. It runs through the arctic landscape at the west coast of northern Norway. At Senja and in Lofoten the high and steep mountains rise up from the ocean. At the beautiful Helgeland coast you pass the Arctic circle. In Trøndelag you bike through agricultural landscape and in Trondheim you can visit the famous cathedral Nidarosdomen. At the west coast you cross the famous fjords on bridges or on ferries. The route ends in Bergen, where you can visit the famous Bryggen. Eurovelo 1 passes through a lot of tunnels. Remember lights.

IRELAND

A breath-taking scenery and rich culture and heritage.



1 Giant's Causeway (UNESCO)



2 Slieve League

Ireland's dramatic Atlantic coastline provides the setting for the EuroVelo 1; Atlantic Coast Route. Aligning with the popular Wild Atlantic Way touring route, the Atlantic Coast Route offering allows cyclists to experience, explore, and engage with Ireland's ageless, unspoilt green landscape, breath-taking scenery, rich culture and heritage, and warm, inviting people. Travelling along quiet country roads, from the mysterious Giants Causeway, to the "savage beauty" of Connemara, cyclists discover the spectacular cliffs of Slieve League, the iconic Benbulbin and Croagh Patrick mountains, and countless attractions, sites, and rural towns that contribute to making this an unique cycling experience.



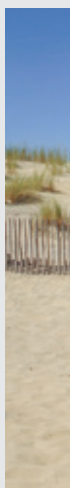
3 Ben Bulbin



4 Croagh Patrick

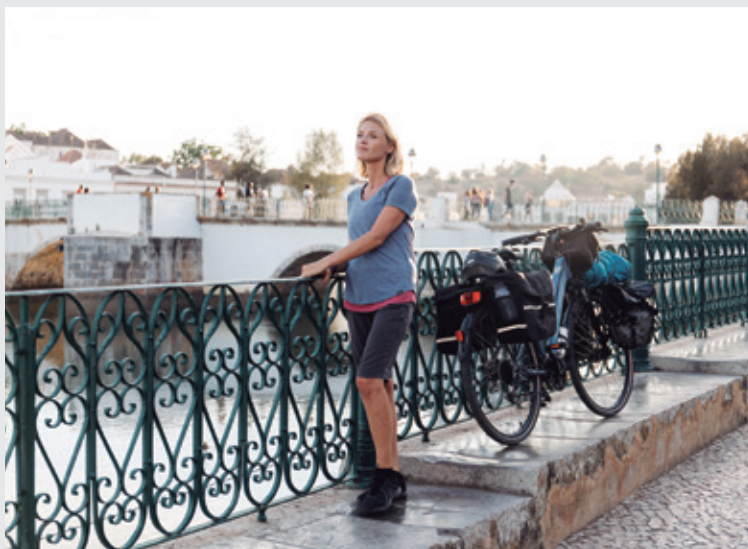
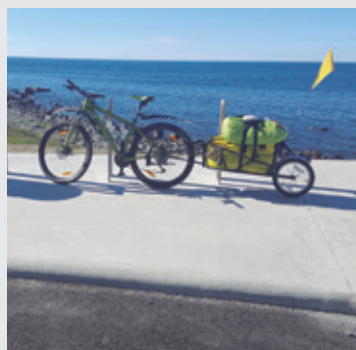


5 Connemara





SO
UNIQUE
SO
DIVERSE



FRANCE

EV1-La Vélodyssée: A 1200 km long cycle route along the french Atlantic coast.



1 The Nantes-Brest Canal



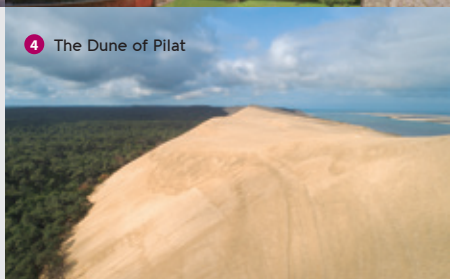
2 The Poitevin Marches



3 Castle of the Dukes of Brittany

From Brittany, land of legends, along the Loire Estuary, through the marshes in the Vendée, and then down through maritime Aquitaine, the route traverses magical, ever-changing natural landscapes, taking in canals, heaths, marshes, dunes, beaches, pine forests, wooded farmland, lakes, and more. La Vélodyssée is an invigorating cycling journey through landscapes of unspoilt beauty. And what temptations! How can you fail to succumb to the unique charms of unforgettable locations such as Nantes, La Rochelle, Rochefort, Royan, Bayonne, Biarritz and many more. Get on your bike and explore this cycle tour of over 1200 km with its beautiful ocean backdrop! Between Roscoff and Hendaye, 70% of the route is on traffic-free paths. Discover our regional treasures as you follow the longest, fully-signposted cycle route in France.

www.atlantic-coast-route.com



4 The Dune of Pilat



5 Port of Saint-Jean-De-Luz

SPAIN

This route is based on the culture and the historic roads of every region it crosses.



2 La Rioja's Vineyard Landscapes



3 Burgos Cathedral (UNESCO)

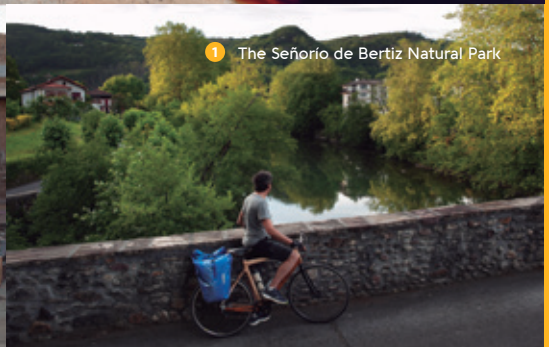
The route in Spain, spanning about 1,373 km, is based on the culture and the historic roads of every region it crosses, starting in the Atlantic Pyrenees of Navarre, continuing along the Ruta Vía de la Plata Route, and concluding on the Atlantic Coast. On this itinerary, enjoy the wide variety of landscapes, culture and wealth of food and wine in each of the EuroVelo 1 locations, from the North to the South of Spain.



5 Río Tinto Mining Park



4 Mérida Roman Theater (UNESCO)



1 The Señorío de Bertiz Natural Park

PORTUGAL

Portugal has the perfect climate to counterpart its astounding coastline.



1 Cacela-a-Velha

2 Parque Natural da ria Formosa



3 Faro - Cidade Velha



4 Praia da Nossa Senhora da Rocha



5 Ponta da Piedade



Blessed with over 300 days of sun each year, Portugal has the perfect climate to counterpart its astounding coastline. From Cacela Velha, a pre-roman village visited by Conii, Greek, Phoenicians, Romans and Arabs with a stunning view over the Ria Formosa, the prime wetland area in southern Portugal, to Vila Adentro, the old walled part of Faro, dating back to the Roman period about 2000 years ago. To the west, the Senhora da Rocha is a welcoming beach, featuring a famous promontory, from which you can see all along the coast to Albufeira and as idyllic as the Ponta da Piedade, with its magnificent view over the Atlantic, the lighthouse and the cliffs carved by the sea.



SO
UNIQUE
SO
DIVERSE



There's only one route: Atlantic Coast Route
and an infinite variety of scenery



www.atlantic-coast-route.com



Interreg
Atlantic Area

European Regional Development Fund



EUROPEAN UNION

Project co-financed by the European Regional Development Fund