

Meat, potatoes and coal

1. ACTIVITIES (1 TO 3 ACTIVITIES)

1. Do some previous research on the context of the Spanish Civil War in Navarre and the immediate post-war period using books and films.
2. Comment on the text following the general instructions for the text commentary.
3. Use the Google Images search to see what ration books and coupons were like. You may find different models.
4. Draw together with your classmates a brief questionnaire to use with family members and/or neighbours about their memories of the post-war period and everyday life of families. Questionnaires may be used as scripts for recording interviews. Compare the everyday life of winners and losers to check if they kept similar paces or whether life was more about survival. It would be interesting to have one of such first-person witnesses to come to the classroom and give an account of their memories before all the class.
5. Family activity: Count the number of male and female grown-ups and children living in your house and have each of them get the amount of supplies set forth in the rationing decree for one week. Analyse how they have felt, whether it was enough or not for each of them. Reflect on the meaning of the word "hunger".

2. TECHNICAL SHEET

1.1.	"Title" of the document	Meat, potatoes and coal. Supplies
1.2.	Document date	30 January 1943
1.3.	Documentary typology	News clipping
1.4.	Language	Spanish
1.5.	Hand style	Print
1.6.	Archive	Royal and General Archive of Navarre (AGN)
1.7.	Signature	AGN, Diario de Navarra, 30/01/1943, p.2
1.8.	Number of folios	1
1.9.	Support material	Paper

3. HISTORICAL BACKGROUND

The historical period of the document is the immediate post-war period in Pamplona and the socio-economic context of the Francoist autarky.

In Navarre, despite its having been a "rearguard province" in the sense that it was not on the war front, the human drama the province experienced was reflected in the high death toll at the front, the people killed in the gutters, the prisoners, the exiles, the deportees, the raped and shaved women, the families whose property was seized and a long list of forms of repression that shared a miserable environment and a reality that only generated subsistence.

The lack of the most basic supplies for daily living marked the historical evolution of the Navarrese population at that time, particularly for many women, as administrators and providers of modest family economies.

In the broader context of this state autarky the ration book was one of the most representative symbols of the insufficient control of the diet of large families of those years, pushing them to resort to survival strategies such as smuggling or the black market.

Shortly after, by decree of the Ministry of Industry and Commerce of 28 June 1939, the quantities to be delivered at a fixed price and that varied depending on whether it was an adult man or woman, a person over sixty years or a minor under fourteen years. Thus, the standard ration for an adult man was set at 400 grams of bread a day -12 kg per month-, 250 grams of potatoes, 100 grams of dried legumes (rice, lentils, chickpeas or beans), 5 decilitres of oil, 10 grams of coffee, 30 grams of sugar, 125 grams of meat, 25 grams of bacon, 75 grams of cod and 200 grams of fresh fish.

Considering that the post-war general situation meant the lack of everything to live on, mainly among the also politically most repressed groups, the ration book was also another way to humiliate and offend the most humble.

The document reveals the reality of misery of this period, the hunger strikes and the different survival strategies of families and within them, the work of women and children.

4. SELECTED TEXT

"Carne, Patatas y Carbón. ABASTECIMIENTOS

Hoy sábado se pondrá carne a la venta en las carnicerías que se indican a continuación, de las clases de vacuno mayor y menos. Se suministrará 100 gramos por persona contra el cupón 129 de la hoja de "varios", a los precios de tasa ya conocidos.

[...] Se recuerda al público que tiene derecho a adquirir la clase de carne que desee si la hay en su carnicería, y la cantidad que con arreglo al número de raciones que figura en la cartilla familiar le corresponda, rogando al público que caso en que el carnicero se niegue a entregar la

ración correspondiente, lo ponga en conocimiento de la Fiscalía Provincial de tasas y formule la oportuna denuncia a los efectos que proceda.

Pamplona, 30 de enero de 1943. El Gobernador Civil Jefe de los servicios de Abastecimientos y de Transportes.

A partir de hoy se pondrán patatas a la venta en las tiendas de esta capital, cuya denominación o apellidos de los dueños estén comprendidos por orden alfabético entre las letras A. (Eliasa Agúndez) y E. (Emilia Espiérrez). Se suministrará un kilo por persona contra el **cupón número 130 de la hoja de "varios"** al precio de 0,85 pesetas kilo, caducando este suministro el día 4 de febrero".

KEY WORDS

Cupón número 130 de la hoja de varios: Reference to one of the sheets in the ration book issued to each family.

5. SELECTED TEXT (PICTURE)

Carne, Patatas y Carbón

ABASTECIMIENTOS

Hoy sábado se pondrá carne a la venta en las carnicerías que se indican a continuación, de las clases de vacuno mayor y menor. Se suministrará 100 gramos por persona, contra el cupón 129, de la hoja de "varios", a los precios de tasa ya conocidos.

Alemán Hermanos, Martina Alba, Evaristo Garralda, Santiago Erice, Zacarías Arrastia, Fermín Elizari, Toribio García, Ramón Aranguren (Eslava), Juana Arrastia, Victoriano Amigot, Gregorio Legaz, Valentina Arrastia, Nicolás Magallón, Eusebio Erice, Tomás Egaña (Zapatería), Pedro Costanilla, Elena Bozal, Teodoro Lerañox, José María Aranguren, Pedro L. Bainez, Santos Lautre, Demetrio Zarranz, Santos Echalecu, Leocadio Eransus, Prudencio Izco, Castor Sacunza, Sabino Aramendía, Julio Yoldi, Alejo Eguzas, Ildefonso Asenjo, Ignacio Alemán, Pedro Sarasa, Fermín Regalado.

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Pamplona 30 de Enero de 1943.
—El Gobernador Civil Jefe de los servicios de Abastecimientos y de Transportes.

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Se suministra de carbón vege-